

# Jeff Nicholl Physical Therapy & Sports Rehabilitation Inc.

## Patient History

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Occupation: \_\_\_\_\_ Presently working? Yes  No

Activities/Exercise Routine \_\_\_\_\_

### Current Condition

1. What major complaint, symptom or problem brings you here?  
\_\_\_\_\_

2. What activities aggravate your condition? (Sitting, standing, bending, walking, other?)  
\_\_\_\_\_

3. What relieves your symptoms? (Sitting, standing, bending, walking, other?)  
\_\_\_\_\_

4. Progression of current condition (circle one): better    worse    same

5. Please rate your pain on a scale of 0-10: (circle one)

0 1 2 3 4 5 6 7 8 9 10

Mild                  Moderate                  Severe

6. What tests and/or treatment have you had performed for this problem?  
\_\_\_\_\_

7. What medications are you taking for this current problem? \_\_\_\_\_

8. Please list **ALL medications** you are currently taking: \_\_\_\_\_  
\_\_\_\_\_

\*Have you ever taken the medication **levofloxacin (levaquin—antibiotic)**? Yes  No

\*If yes, when did you start/stop taking **levofloxacin (levaquin—antibiotic)**? \_\_\_\_\_

9. **Past Medical History: Please check ALL that apply**

**Previous Physical Therapy this year?** \_\_\_\_\_ **How many visits?** \_\_\_\_\_

History of cancer \_\_\_\_\_

Alzheimer's \_\_\_\_\_

Blood Thinners \_\_\_\_\_

Cardiovascular Disease \_\_\_\_\_

Cauda Equina Syndrome \_\_\_\_\_

Cerebral Vascular Accident \_\_\_\_\_

Current Infection \_\_\_\_\_

Diabetes Mellitus Type 1 \_\_\_\_\_

Diabetes Mellitus Type 2 \_\_\_\_\_

Fracture or suspected fracture \_\_\_\_\_

Traumatic Brain Injury \_\_\_\_\_

Hypertension (high blood pressure) \_\_\_\_\_

Fibromyalgia \_\_\_\_\_

Huntington's \_\_\_\_\_

Immunosuppression \_\_\_\_\_

Lupus \_\_\_\_\_

Muscular Dystrophy \_\_\_\_\_

Obesity \_\_\_\_\_

Osteoarthritis \_\_\_\_\_

Rheumatoid Arthritis \_\_\_\_\_

Parkinson's \_\_\_\_\_

Spinal Stimulator \_\_\_\_\_

Pace Maker \_\_\_\_\_

Other \_\_\_\_\_

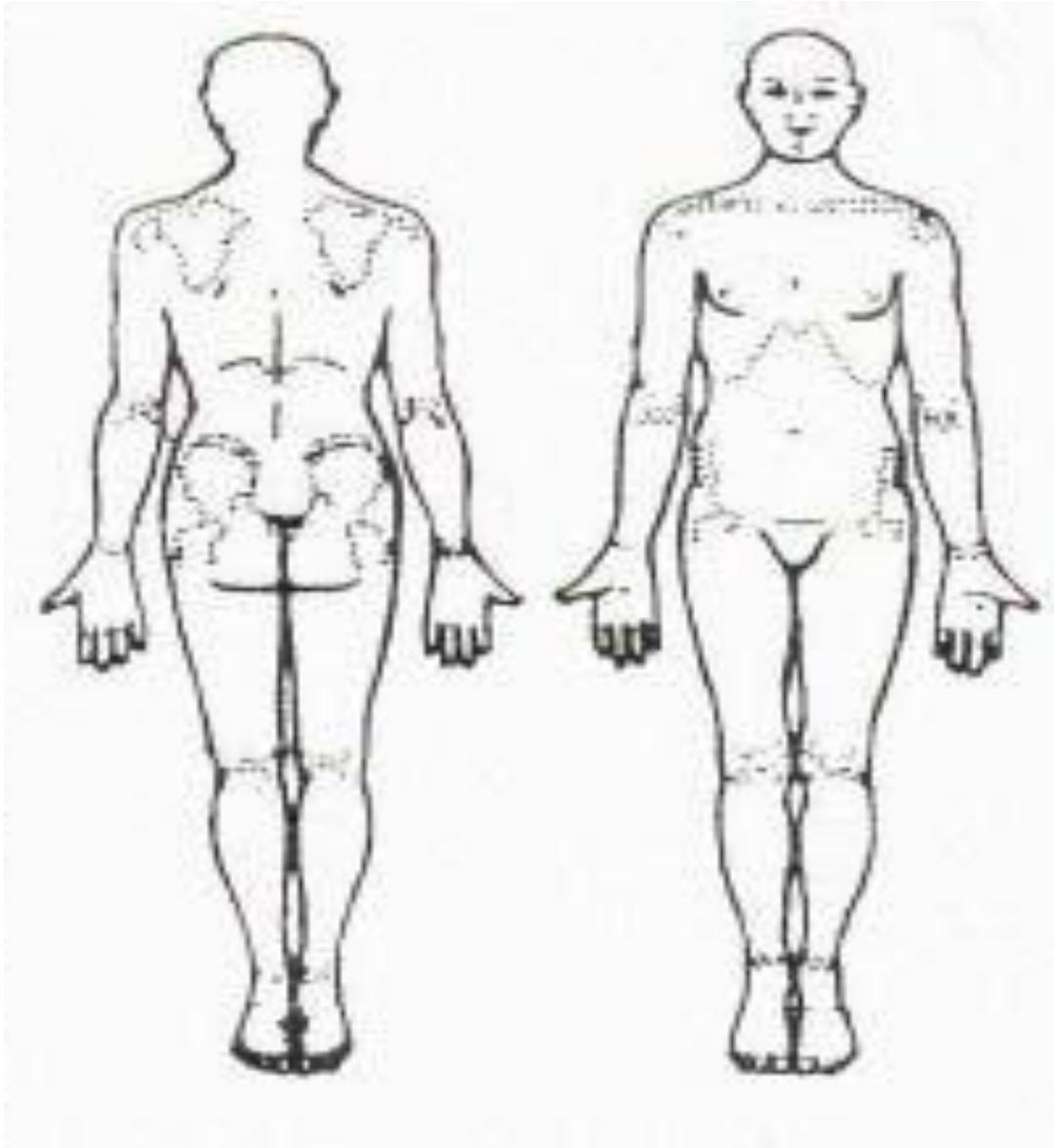
**Please list any previous surgeries** \_\_\_\_\_

10. To what extent are your daily activities limited?

(circle one)    mild                  moderate                  severe

11. What are your goals for coming to therapy?

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**Please shade the areas of pain in the above picture**

/////////  
XXXX  
AAAA  
OOOO

**Dull Shooting**  
**Sharp Tingling**  
**Aching Numbness**  
**Only with movement**

**Comments:** \_\_\_\_\_

- I certify that the above questions were answered accurately. I understand that providing incorrect information can be dangerous to my health.
- I acknowledge that I was provided a copy of the Notice of Privacy in compliance with HIPPA and understood the notice.

**Patient's Signature (x)** \_\_\_\_\_ **Date** \_\_\_\_\_